



THE UNIVERSITY OF CHICAGO  
Center for the Surgical Treatment of Obesity

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Dear Patient:

When undergoing any surgical procedure, one of the possible major complications is deep venous thrombosis (DVT) as well as a pulmonary embolism (PE). In order to help prevent this from occurring, we will prescribe a medication called **LOVENOX**.

Lovenox is a low molecular weight heparin that will thin your blood to assist in the prevention of blood clot formation. It is an injection that you will be required to inject yourself with twice daily for two weeks. The nurse caring for you will educate you about Lovenox therapy prior to your discharge. Note\* If you are having an Inferior Vena Cava (IVC) Filter placed, you will be required to take Lovenox injections until further instructed by the vascular surgery team. Generally the IVC filter is removed 4-6 weeks after surgery.

Prior to your surgery, you *must* contact your insurance company or pharmacist to inquire if Lovenox is a covered medication under your policy. Even if it is a covered benefit, there may be additional documentation necessary from our staff to get the coverage approved. **YOU MUST CALL YOUR INSURANCE COMPANY REGARDING LOVENOX COVERAGE AND REPORT ANY ADDITIONAL REQUIREMENTS TO OUR STAFF BEFORE YOUR SURGERY DATE!** The standard dose ranges from 40mg to 100mg twice daily. Your dosage will not be determined until you are in the hospital. It is based on a specific blood level.

If you have any questions regarding the Lovenox injections, please contact us at (773) 834-8900. It is imperative that you take the injections exactly as prescribed.

Sincerely,

The University of Chicago Center for the Surgical Treatment of Obesity