Patients
Call 773-836-4150 between 8 a.m. and 6 p.m., Monday through Friday to schedule an appointment.
For more information about our services, please visit:
www.uicmc.uchicago.edu

Sleep Disorders Center
Call 773-836-4150 between 8 a.m. and 6 p.m., Monday through Friday to schedule patients. Appointments for sleep studies are available seven days a week.
Obtain a Request for Services form at:

Fax a Request for Services form to: 773-836-6060

Physicians
A simple and convenient referral process:
Call 773-836-4150 between 8 a.m. and 6 p.m., Monday through Friday to schedule patients.
Our practice is designed specifically for YOU. Introducing a new approach to medicine that focuses on your individual conditions and medical history to shape a proactive and preventive health plan.
Effective health care is no longer about reacting to a diagnosis. It’s about taking steps that can help prevent medical issues from developing at all.
Physician-scientists and researchers at the University of Chicago Medical Center have pioneered breakthroughs in medicine, bringing innovative treatments to patients at the safest point possible.
Our physicians have dedicated their lives to advancing medicine through excellence in patient care, research and education. And now, we bring this progressive practice to you—at 150 East Huron.
Dear Chicagoan,

I want to take this opportunity to convey how excited we are to bring the University of Chicago Medical Center’s long heritage in complex medicine and comprehensive care to downtown Chicago.

We believe recent scientific advances provide an opportunity for a new kind of medicine focused on personalized health care. Of course, the signature of excellent physicians has long been their ability to deliver medical care focused on the individual needs of the patient. At the University of Chicago Medical Center, we are experiencing scientific breakthroughs that suggest it is now possible that health care can be successfully tailored to the needs of each individual patient.

My own personal story illustrates the advancements taking place in personalized medicine and the importance of genetic factors that cannot be ignored. I have a significant family history of heart disease (my father died at an early age) and therefore lead a healthy lifestyle to reduce cardiovascular risk factors by not smoking, checking my blood pressure regularly, taking lipid-lowering medications and exercising regularly. Despite the absence of any symptoms or signs of cardiac problems, a preventive cardiac imaging study (CT angiogram) led me directly to life-saving corrective heart surgery and now has allowed me to replace a previously fatalistic view with the promise of a normal lifespan.

This experience shaped my view of what patients need: proactive and preventive health care. I am privileged to guide some of the country’s foremost experts and thought leaders in the diagnosis and treatment of complex illnesses who can deliver the right care for their patients. Our new downtown practice extends this collaboration even more—with disciplines and specialties working seamlessly to meet your specific health needs.

I personally invite you to visit our beautiful and welcoming clinic facility at 150 East Huron (where Huron meets Michigan). We are bringing our preeminent services and noted national experts in cardiology, personalized health and prevention, endocrinology, dermatology, sleep disorders and pulmonary medicine from our Hyde Park campus to the heart of downtown for convenient access from your home or business.

With warm regards for your better health,

Joe G.N. Garcia, MD
Lowell T. Coggeshall Professor of Medicine
Department of Medicine
Pritzker School of Medicine
360° personalized approach to preventive medicine

“Knowing is not enough; we must apply. Being willing is not enough; we must do.”

—Leonardo da Vinci
ENVISION THE DIFFERENCE—OUR PHILOSOPHY

The signature of an excellent physician is the ability to assess, understand, communicate and treat patients through all levels of health needs from preventive to reactive. We have become excellent clinicians in treating acute, urgent problems. However, chronic disease continues to cripple our society. As physicians, our responsibility is to address core risk factors leading to disease and modify them. We execute this responsibility through collaboration—a team approach centered around you, surrounded by our experts.

Technological advancements and medical research now allow us to approach each patient’s health in a wholistic manner. As a direct result, we are able to forecast and prevent disease better than ever. Our strengths in clinical care and technology, combined with the most advanced understanding of the human genome, set the foundation for unifying prevention and advanced medical care.

The University of Chicago Medical Center strives to be one of the first facilities in the country capable of delivering this unprecedented level of total health care, synergizing science and medicine to move ahead of the disease curve. We are determined and driven to be the leaders of a proactive, multidisciplinary approach to medicine helping you achieve your optimum level of personal health.

UCMC and our 150 practice bring agenda-setting science to personalized care in a way no other integrated medical group can provide. Our research labs accelerate and foster physician-scientist collaboration and discovery—giving you, the patient, a unique and powerful advantage.

Our service integration is designed for your total health. We strongly believe by evaluating elements of a patient’s life—including personal health and family history, physical examination, selected genetic testing and environmental factors—accurately determines an effective and personal program to minimize these risks.

Stress, travel, long work hours and excessive commitments put an individual’s overall health at high risk. There is so little time for personal needs, most importantly health and fitness. Too often, these needs may not be addressed until serious health problems occur. By combining the clinical areas of Cardiology, Sleep Disorders, Pulmonary Medicine, Endocrinology and Dermatology with the Program for Personalized Health & Prevention, we create a better model to reduce the major health issues that our patients face. This 360° approach provides access to leading practitioners motivated to empower you with preventive strategies and timely interventions through personal relationships, education, appropriate testing and genetic research.
CARE THAT MEETS YOUR NEEDS

We have made 150 East Huron easy to reach and easy to use. We offer complimentary valet parking and wireless Internet access so you won’t miss a beat in your workday. We also offer a fitness studio onsite.

Appointments are available from 7 a.m. to 7 p.m., making it easy to fit a visit into your schedule.

The downtown location will be staffed by our clinical heavyweights who consistently author medical guidelines and treatment protocols. The team includes noted authorities on advanced lung and sleep disorders, skin diseases, heart rhythm disorders, advanced cardiac imaging, cardio-metabolic treatment and risk-factor reduction, women’s health issues and genetic diseases, as well as immune disorders such as sarcoidosis.

We also focus on the unique factors in women’s health related to cardiovascular, diabetes, osteoporosis and weight management.

OUR PROGRAM BENEFITS

– Our staff includes navigation experts—individuals who help facilitate the next steps in your care

– Heart, lung, metabolic, joint and skin specialists work together to evaluate your total health

– Convenient downtown access to innovative research and therapies provided by physician-scientists recognized for expertise and contributions to their respective fields in treating disease

– Coordination of comprehensive therapy, patient education and prevention at one location using multiple clinical services

– A center offering personalized care plans to improve health and reduce genetic risk factors

– A Program for Personalized Health & Prevention offering a convenient, same-day comprehensive assessment as well as a Health Portfolio providing specific recommendations and an action plan

– A nutrition and fitness team to help you monitor and implement sustainable lifestyle changes with risk-factor reduction
Our 150 practice is designed specifically for YOU. Introducing a new approach to medicine that focuses on your individual conditions and medical history to shape a proactive and preventive health plan.
Patients
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