welcome

TRANSPLANT CENTER

Advanced Transplant Care.
Personalized Patient Treatment.

THE UNIVERSITY OF
CHICAGO
MEDICAL CENTER

AT THE FOREFRONT OF MEDICINE®
To Our Patients

Thank you for choosing the University of Chicago Medicine for your transplant care. We want to provide you with the best patient experience possible. This means offering you high quality, state-of-the-art medical care, with attention to your physical comfort and individual needs. It also means we will work to ensure that you are well informed about your medical care, your treatment options and your medications. We know the best care includes attention to your emotional as well as spiritual needs. This is important to our mission of providing superior health care in a compassionate manner, mindful of each patient's dignity and individuality, and is reflected in everything we do. From our physicians, nurses and other caregivers to our food service and housekeeping staffs, we want to be aware of anything we can do to help you feel at ease.

This booklet is provided to answer some of the questions you may have while receiving transplant care at our facility and will help you and your family be as prepared as possible throughout your transplant experience. Our services are highlighted, including maps and directions to our campus, information about the hospital and resources available to you. Although facing a transplant can be frightening, it is part of our mission at the forefront of medicine to make sure you have a positive experience.

If you have any questions, please let any members of our staff know. We encourage you to discuss any aspect of your care with the transplant team. It is our sincere hope that you and your family will feel like a part of our family. We appreciate your trust.

Best regards,

Michael Millis, MD
PROFESSOR OF SURGERY
CHIEF, SECTION OF TRANSPLANTATION MEDICAL DIRECTOR,
TRANSPLANT CENTER

Michael R. Bishop, MD
PROFESSOR OF MEDICINE
DIRECTOR, HEMATOPOIETIC STEM CELL TRANSPLANTATION PROGRAM SECTION OF
HEMATOLOGY/ONCOLOGY
A Partner You Can Trust

When you come to the University of Chicago Medicine, you can be confident that you will receive the highest level of care. Our experienced, multidisciplinary team of physicians, nurses and other health care professionals is dedicated to your well-being.

The University of Chicago Medicine
The University of Chicago Medicine, based on the campus of the University of Chicago, is one of the nation's top health care providers. Established in 1927, we have been at the forefront of medicine since caring for our very first patients. As part of a university, we are one of the first medical centers to both care for patients and conduct medical research. Our physicians, faculty and researchers have been responsible for such medical discoveries and innovations as the structure of DNA, work leading to the first blood bank, and proof that cancer is a genetic disease.

More than just a hospital, the University of Chicago Medicine includes:

- The Center for Care and Discovery, our brand new state-of-the-art adult inpatient care hospital, providing a patient-centered environment that enables the best care and promotes a healing atmosphere with the enhanced effectiveness of advanced medicine
- Bernard A. Mitchell Adult Hospital, dedicated to emergency medicine, maternity care, burn care and nonsurgical medical care
- Comer Children's Hospital at the University of Chicago, devoted to the complex care and medical needs of children and their families
- Duchossois Center for Advanced Medicine, a state-of-the-art outpatient care facility providing the full spectrum of care for preventive, diagnostic and treatment services

Our mission is to provide superior health care in a compassionate manner, ever mindful of each patient’s dignity and individuality. To accomplish our mission, we call upon the skills and expertise of all who work together to advance medical innovation, serve the health needs of the community and further the knowledge of those dedicated to caring.

The Transplant Center
Transplantation began at the University of Chicago Medicine. In 1904, Alexis Carrel, MD, performed the world’s first animal organ transplant on campus, which later earned him the Nobel Prize. In the late 1940s, Leon Jacobson, MD, an early pioneer in cancer chemotherapy, performed the first bone marrow transplant on a mouse at the University of Chicago.

At the University of Chicago Medicine we have accomplished many firsts, including:

- The nation’s first segmental liver transplant, performed here in 1985, which ultimately paved the way for transplant from a living donor.
- The world’s first successful living-donor liver transplant, performed in 1989.
- The first liver transplant from an unrelated living donor, performed in 1993.
- The first pancreas transplant at an Illinois hospital.
- The first successful combined heart-liver-kidney transplant, performed in 1999.

The University of Chicago Medicine has helped thousands of patients receive transplants with successful outcomes and survival rates. With more than 500 years of combined experience, our transplant team is one of the most experienced in this area. Improving our patients' overall health is our top priority.

Ready For the Greatest Challenges
At the University of Chicago Medicine, you will find the premier comprehensive cancer center in the state of Illinois and one of only two hospitals in the state to receive the National Cancer Institute designation for comprehensive cancer care and research. We are recognized as an international and national leader in organ and cellular transplantation, medical research and cancer care.
Marshall Folstein (center) received an unrelated donor stem cell transplant at the University of Chicago Medicine in May 2012. That fall, he attended the fourth annual celebration of stem cell transplant survivors and their caregivers, with his family and his physician, Justin Kline, MD.
Supporting You Throughout the Process

We want to make your transplant process as easy as possible. We encourage you to discuss your schedule with your caregivers and to ask questions about your treatment plan. Your team will inform you about scheduled tests, procedures, medications and other aspects of your care.

You will receive additional educational materials throughout the transplant process. Please be sure to read the information enclosed about the type of transplant you are seeking.

What to Expect During Your Pre-transplant Process
Patients in need of transplantation come to us in a variety of ways. Your first visit with us may be with a transplant coordinator, in a transplant education session or an appointment with one of our medical physicians who specialize in transplant. No matter which of our transplant team members you see first, your transplant evaluation will include a few key steps:

- **A pre-transplant coordinator** will help set up all of your tests and meetings. How quickly the evaluation is completed depends on your availability as well as your medical condition. You may need to take some time off from work to complete the tests, but we will try to make appointments as convenient as possible.

- **A review of your insurance coverage** will be done to calculate what out-of-pocket expenses you may have for a transplant and for the medications you will need to take after the transplant.

- **In preparation for finding a donor for your transplant**, your blood will be tested for blood type, genetic markers and antibodies. The testing you have as part of your transplant evaluation will depend on your medical history.

- **After you have completed the evaluation testing** and appointments, your case is reviewed by our multidisciplinary committee to determine the best course of treatment.

What to Expect After Your Transplant

- **You should be able to resume your daily activities**—such as driving, household chores, work, school and some sport activities—in three to six months after the procedure, in most cases.

If You Are Having an Organ Transplant

Your Organ Matching Process and Waiting List
If you are a candidate for transplant, your name will be added to the national waiting list. The national list is maintained by the United Network for Organ Sharing (UNOS). UNOS is responsible for keeping the national list up-to-date and for collecting information about organ donors and transplant recipients.

- **Gift of Hope Organ & Tissue Donor Network (GOH)** is the organ procurement organization responsible for our local area. When an organ becomes available, GOH will run a list of suitable recipients in the area whose blood type is compatible with the donor.

- **When a matching organ becomes available**, the organ is generally offered to the transplant candidate who has waited the longest and is in the most need at the time. If that patient cannot be transplanted at that time, the next patient on the list will be offered the organ.

- **You will not lose your spot** on the waiting list if you have an illness at the time an organ becomes available.

- **It is possible to be offered an organ at any point** after you are placed on the list, even though waiting time is a major factor in the list ranking.

- **Donated organs** are usually from deceased donors who have suffered a brain injury or stroke, but their organs are still working with the help of life-support equipment and medications.

- **Living donors** can donate a kidney or part of their liver or small intestine to another person in need of one of these organs. If receiving a living-donor organ is an option for you, you will receive more information about that process. If you have a living donor, you will be able to schedule that surgery and avoid waiting on the UNOS waiting list.
Kenneth Woodka was turned down for transplant surgery by several hospitals because they thought he was too high-risk. The University of Chicago Medical Center’s experienced multi-organ transplant team was able to give Kenneth the life-saving heart-kidney transplant he needed so he could get back to enjoying life.
- You will receive advice about your recovery period, including wound care and/or line care, showering, driving, physical activity and what to expect when you are able to return to your usual routine.

- We will advise you about diet, medications, emotional issues and the important task of preventing infections, as well as what happens if your body rejects the organ or transplanted cells.

- Your team will be available for post-operative clinic visits, checkups and advice on a variety of life issues. After your transplant, you will have frequent appointments with the transplant team to make sure you are recovering well. These visits will be less frequent over time. We are available 24 hours a day, seven days a week to answer questions and help you enjoy this new phase of your life.

Insurance and Financial Information
Transplant and the medications you will need following the procedure can be costly, even with insurance coverage. The transplant financial specialist will review your benefits with you to help you understand what will be paid for and what other options you may have for additional insurance coverage. You will receive more information about transplant and insurance throughout the transplant evaluation process.

Advance Directives
Advance directives are documents that explain your wishes and preferences about the type of medical care you receive. If you would like to learn more about advance directives, you may speak with a social worker or a hospital chaplain, or call patient relations at 773-834-0500 or email 40500@uchospitals.edu.

If you have completed advance directives documents, please ask your caregiver to make sure they are included in your medical records.

Support Groups
Contact your transplant social worker for information about support groups in the area for patients awaiting transplant.

If You Are Having a Stem Cell Transplant

Care Based on Your Specific Disease
You will see a physician who is an expert in your specific disease, as well as in transplantation. Your team will design a comprehensive treatment plan for you based on the biology of the disease and on your own characteristics.

- The Leukemia Program designs effective and innovative therapies to control your disease before beginning your transplant process.

- The Multiple Myeloma Program's total treatment approach uses new therapies and strategies, including transplantation, for patients with myeloma.

- The Lymphoma Program uses new treatments to control lymphoma before you begin the transplant process.

If You Are an Older Adult
Stem cell transplantation is most beneficial for diseases that are more common in older adults. Transplant has been limited in older patients, however, because of certain higher risks. The University of Chicago Older Adult Transplantation Program is a national referral center for patients seeking a potential stem cell transplant. Pre-transplant patients receive an extensive evaluation focusing on issues that are unique to older adults. The program team devises a plan and treatments specific to each patient.

Transplant Options
For many potential transplant patients, a well-matched donor is not available. The University of Chicago Medicine offers a novel approach—using different types of stem cells—that makes transplantation feasible for nearly all patients.

Access to the Latest Treatments and Clinical Trials
The large, world-class research program at the University of Chicago means that your caregivers have a higher level of expertise than those at most other transplant centers. Your physician has access to the newest and most exciting treatments and therapies of any hospital in the region.
An important part of supporting our patients is welcoming their families. The University of Chicago Medical Center offers many services and facilities to visiting families, including several dining options, wireless Internet access, language interpreters, chaplains, a pharmacy and a bookstore.
Amenities and Services for You and Your Family

Food and Beverages
- Au Bon Pain: Located in the Mitchell Adult Hospital lobby and the Comer Children's Hospital lobby
- Mitchell Cafeteria: Located in the basement of Mitchell Adult Hospital, near the "D" elevators
- Center for Care and Discovery: On the first floor, you will find Hyde Park Marketplace, a Wolfgang Puck Express and a Starbucks. In the seventh-floor Sky Lobby, you will find a 24-hour dining area, offering healthy snacks and meals, as well as a Jamba Juice.
- Duchossois Center for Advanced Medicine Food Court: Located on the second floor of the Duchossois Center for Advanced Medicine

Automatic Teller Machines (ATMs)
ATM machines are located in the Motor Lobby of the Center for Care and Discovery, the Mitchell Adult Hospital lobby (second floor), the Goldblatt Pavilion lobby, the Duchossois Center for Advanced Medicine lobby and the Comer Children's Hospital lobby.

Chaplains
Chaplains offer spiritual, emotional and religious support 24 hours a day, seven days a week for patients and family members. Our clinically trained chaplains from a variety of perspectives are available to support both inpatients and outpatients. Devotional materials are available upon request. Chapels for patients and visitors are located in the seventh-floor Sky Lobby of the Center for Care and Discovery, and on the second floor of Mitchell Adult Hospital. Call 773-702-6246 for more information.

Internet
The Mitchell Adult Hospital Waiting Room P-211 has two complimentary Internet accessible computers for your use. Complimentary wireless Internet access is available throughout the Center for Care and Discovery, in many areas of the Mitchell Hospital and throughout the Duchossois Center for Advanced Medicine (including both surgery waiting rooms), should your family choose to bring a laptop while they wait.

The Center for Care and Discovery features the GetWell Network, and the televisions in each patient room have Internet access. A room off the Sky Lobby contains computers for your or your family’s use.

Privacy
Staff at the University of Chicago Medicine cannot release any information about you to your family and friends without your permission. When you are being admitted, a staff member will write down your access code on a blue, business-sized card. Give this access code to the people you want to have access to information about you. Friends and family members can use that access code to obtain information about your condition from staff members.

Ronald McDonald House
A Ronald McDonald House near the medical center offers housing for families of pediatric patients receiving care at the Comer Children's Hospital at the University of Chicago. Your transplant social worker can help make arrangements if your family qualifies.
The University of Chicago Medical Center is conveniently located on the University of Chicago campus in the vibrant Hyde Park neighborhood of Chicago’s South Side. Just seven miles from Chicago’s business district, the Medical Center is an easy trip from downtown Chicago or either of the city’s two international airports.
Directions

From the North
Take the Kennedy Expressway I-90 East or Edene Expressway I-94 East, southbound to the Dan Ryan Expressway I-90/I-94 East.

- Continue south in the local lane on the Dan Ryan.
- Exit at 55th Street/Garfield Boulevard. Travel east on Garfield Boulevard about 1/2 mile to Washington Park.
- Continue through Washington Park following the blue hospital signs to Cottage Grove Avenue.

From the South
Take I-57 or the Bishop Ford Freeway, northbound to the Dan Ryan Expressway I-90/I-94 West.

- Continue north in the local lane on the Dan Ryan.
- Exit at 55th Street/Garfield Boulevard. Travel east on Garfield Boulevard about 1/2 mile to Washington Park.
- Continue through Washington Park following the blue hospital signs to Cottage Grove Avenue.

From the West
Take the Eisenhower Expressway I-290 East or the Stevenson Expressway I-55 North to the Dan Ryan Expressway I-90/I-94 East.

- Continue south on the Dan Ryan.
- Exit at 55th Street/Garfield Boulevard. Travel east on Garfield Boulevard about 1/2 mile to Washington Park.
- Continue through Washington Park following the blue hospital signs to Cottage Grove Avenue.

From Lake Shore Drive
Take Lake Shore Drive north or south to 57th Street and exit by the Museum of Science and Industry.

- Follow 57th Street south as it curves around the museum and turn right at the fork onto Midway Plaisance.
- Take Midway Plaisance West and follow the blue hospital signs to Cottage Grove Avenue.

Directions and parking information may change due to road closures, construction or other conditions. For 24-hour automated phone directions, call 773-702-5580. For more information and maps showing where construction is taking place, please visit our website at uchicago.edu/medicine. Click on the “Patient and Visitor Information” link under “Medicine,” and then choose “Directions and Maps.”
Navigating Our Campus

Parking Information

**Valet Parking**

Valet parking is highly recommended for your convenience. The cost of valet parking is similar to the cost of self-parking. Valet parking is available daily in front of these buildings:

- **Center for Care and Discovery**
  5700 South Maryland Avenue
  Valet hours: 5:30 a.m. to 6 p.m.

- **Bernard A. Mitchell Adult Hospital**
  5815 South Maryland Avenue
  Valet hours: 5:30 a.m. to 6 p.m.

- **Duchossois Center for Advanced Medicine (DCAM)**
  5758 South Maryland Avenue
  Valet hours: 6 a.m. to 6 p.m.

- **Comer Children’s Hospital at the University of Chicago**
  5721 South Maryland Avenue
  Valet hours: 6 a.m. to 6 p.m.

Please do not tip parking attendants as it is against the University of Chicago Medicine’s policy for attendants to accept tips.

**Self-Park**

Self-parking at the University of Chicago Medicine may take slightly longer than valet parking. If you choose to self-park, please arrive at least 20 minutes earlier than your scheduled appointment to allow time to find a space. If you are unable to find a parking space, we recommend that you bring your car back to the valet parking stand. Please bring your ticket for validation at the clinics or hospital areas.

The main hospital parking garage is located at 58th Street and Maryland Avenue. To self-park at the main hospital parking garage, continue to 59th Street and turn left on Maryland Avenue. The garage entrance is located on the left side of the street.

**Parking Discount Validation**

Be sure to ask a staff member at either the Center for Care and Discovery or the Duchossois Center for Advanced Medicine for parking validation, which will reduce your parking costs. Validation is available throughout the clinics, in the surgery family waiting rooms and at the front desk in the lobby of the Duchossois Center for Advanced Medicine.

**Parking Coupon Books**

Books of five or ten parking coupons are available at the Parking Office in the main parking garage at 5840 South Maryland Avenue or at the valet cashier’s window in the lobby in the Duchossois Center for Advanced Medicine. These will reduce parking costs if you or your family members return for multiple visits. They can be purchased for $25 (a book of five coupons) or $50 (a book of 10 coupons). Each coupon covers a 24-hour parking period in our parking garage.

If you have additional questions about parking, please call the parking office at 773-702-4381 between 7 a.m. and 4:30 p.m., Monday through Friday. If you would like more detailed information about parking and rates, please visit uchospitals.edu/visitor/directions/parking.html.
The University of Chicago Medical Center
Transplant Center
5841 South Maryland Avenue
Chicago, Illinois 60637
773-702-4500

Comer Children's Hospital
at the University of Chicago
5721 South Maryland Avenue
Chicago, Illinois 60637

Duchossois Center for Advanced Medicine
5758 South Maryland Avenue
Chicago, Illinois 60637

Bernard A. Mitchell Hospital
5815 South Maryland Avenue
Chicago, Illinois 60637

150 East Huron
150 East Huron Street, Suite 900
Chicago, Illinois 60611

University of Chicago
Transplant Evaluation Program
at NorthShore University HealthSystem
Graham Medical Building
1000 Central Street, Suite 800
Evanston, Illinois 60201

To learn more about transplant care at the University of Chicago Medical Center, please visit uchospitals.edu/specialties/transplant.