DEBQ - EE Scale

KEY
(1) = never
(2) = seldom
(3) = sometimes
(4) = often
(5) = very often

Do you have the desire to eat when you are irritated?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when you have nothing to do?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when you are depressed or discouraged?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when you are feeling lonely?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when somebody lets you down?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when you are cross/angry?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)

Do you have a desire to eat when you are expecting something unpleasant to happen?

☐ (1)  ☐ (2)  ☐ (3)  ☐ (4)  ☐ (5)
DEBQ- EE Scale (cont’d)

<table>
<thead>
<tr>
<th>KEY</th>
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Do you have the desire to eat when you are anxious, worried, or tense?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)

Do you have a desire to eat when things are going against you or when things have gone wrong?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)

Do you have a desire to eat when you are frightened?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)

Do you have a desire to eat when you are disappointed?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)

Do you have a desire to eat when you are emotionally upset?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)

Do you have a desire to eat when you are bored or restless?

☐ (1) ☐ (2) ☐ (3) ☐ (4) ☐ (5)