To you, our community

The University of Chicago Medicine is proud to be connected to Chicago’s South Side communities. We are honored to serve the health needs of our neighbors, we are delighted to employ thousands of South Side residents, and we are committed to research that seeks to improve the quality of life in the community for years to come. This Community Benefit Report offers examples of the community-based programs and positive health outcomes that come as a result of our long-standing partnerships with community organizations, health care providers and advocates. We remain committed to our mission to serve the health needs of our community and further the knowledge of those dedicated to caring.

Kenneth S. Polonsky, MD
Dean and Executive Vice President for Medical Affairs, University of Chicago

Sharon O’Keefe
President, University of Chicago Medical Center

On the cover: Nayna Lodhia, MD, is one of 10 University of Chicago Medicine residents who spends at least 16 hours each week treating patients at the free CommunityHealth Clinic in Englewood.
$316 million total in fiscal 2014*

$186.5 million Uncompensated Care

$92.04 million Medicare Program Losses

$55.37 million Medicaid Program Losses*

$25.47 million Charity Care*

$13.59 million Unrecoverable Patient Debt

$78.82 million Medical Education

$48 million Medical Research

$1.63 million Uncategorized Community Benefits

$986,631 Cash and In-Kind Contributions/Donations*

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Medicare Program Losses
Support to make up for Medicare reimbursement rates, which do not cover the cost of care. Medicare is a federal health insurance program for people 65 and older and those with certain disabilities.

Medicaid Program Losses*
Medicaid is a federal-state program for those requiring financial assistance. Reimbursement rates do not cover the cost of care.

Charity Care*
Cost of providing free or discounted services to qualified individuals.

Unrecoverable Patient Debt
Amount absorbed when a hospital cannot collect expected payment for services.

Medical Education
Cost to teach and train future health care professionals not covered by tuition, grants, or scholarships.

Medical Research
Funding to investigate ways to better prevent, detect and treat disease, as well as advance patient care.

Uncategorized Community Benefits
Includes support for health improvement services, community activities, volunteers and language assistance.

Cash and In-Kind Contributions/Donations*
Gifts to community groups for health-related activities.

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“He gave me courage in my darkest hour.”

Timika Rutledge-German on the support she received from Rev. Chris Harris, senior pastor of Bright Star Church, following the murder of her 15-year-old son in 2013.
The University of Chicago Medicine shares our community’s concerns about violence and its severe toll. Many of the victims of violence are the children and families we serve. Beyond the medical care we provide to violence victims, particularly children, we invest in proven ways to prevent violence.

Offering a Faithful Hand
A South Side community organization, backed by the University of Chicago Medicine, is combating violence and averting behaviors that lead to conflict by joining two evidence-based models that address the cause and effect of crime and violence.

The Bronzeville Dream Center focuses on strengthening the community and preventing youth delinquency, substance abuse and violence through Communities that Care. Simultaneously, by training faith and community leaders to provide post-trauma counseling and other support, the center will provide emotional and psychological treatment and assistance for those experiencing post-traumatic stress as a result of conflict. This novel community health model is supported by Bright Star Community Outreach, UChicago Medicine, Northwestern Medicine® and United Way of Metropolitan Chicago.

By combining these two evidence-based approaches, the Bronzeville Dream Center aims to prevent violence and build hope, support and resilience for those exposed to trauma and violence—victims as well as perpetrators. The center and its partners have focused on planning and building an infrastructure to achieve its goals. Under the partnership, UChicago Medicine and Northwestern Medicine committed $250,000 each for the first two years of data gathering, implementation, oversight and evaluation.

Healing Children
Comer Children’s Hospital Pediatric Mobile Medical Unit is a school-linked program providing comprehensive medical care to South and West Side students. Through preventive care services, the mobile unit staff screens children and adolescents for mental health and emotional concerns, including poor school performance and exposure to violence and more. Then the unit’s medical team works with University of Chicago psychology staff to provide follow-up care.

1,772 STUDENTS
and teachers attended discussions on bullying, depression, dating violence, personal hygiene, STIs and other topics

199 REFERRALS
for children and teens injured by violence

180 CHILDREN TREATED
2–18 YEARS OLD
Despite substantial progress, racial disparities in advanced cancer diagnoses and mortality persist.

Cancer screening rates among Asian-American populations: percentage points below the Healthy People 2020 target

<table>
<thead>
<tr>
<th>Cancer Screening</th>
<th>Percentage Points</th>
</tr>
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<tbody>
<tr>
<td>Breast Cancer Screening</td>
<td>17</td>
</tr>
<tr>
<td>Cervical Cancer Screening</td>
<td>18</td>
</tr>
<tr>
<td>Colorectal Cancer Screening</td>
<td>24</td>
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</tbody>
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The University of Chicago Medicine is supporting several community-level interventions aimed at addressing the unique needs of underserved populations, boosting awareness and access to recommended screenings.

Partnering to End Disparities
Establishing strong partnerships with underserved communities is critical for eliminating cancer disparities.

To do just that, the Chicago Southside Cancer Disparities Initiative is creating a specific curriculum for Chicago State University’s master of public health students and University of Chicago Pritzker School of Medicine students. The program is funded by a joint University of Chicago/Chicago State University P20 grant from the National Cancer Institute to develop community-based programs that sustain healthy lifestyles and focus on cancer prevention.

Taking the Fear Out of Screening and Care
Colorectal cancer screening rates are low, particularly among certain racial and ethnic groups—precisely the population that’s more likely to die from colorectal cancer.

The OCECD is hoping its Walk Through the Cure program will help close that gap. The effort brought nearly two dozen health care providers from community-based organizations to UChicago Medicine to learn about the diagnostic, treatment and survivorship services available to colorectal cancer patients.

Participants visited colonoscopy, robotic surgery, radiation therapy and chemotherapy procedure rooms. And they met with cancer specialists who explained how colorectal cancer is detected, diagnosed and treated.
Asian populations are among those least likely to undergo recommended health screenings. 100 Chinatown residents received free lab tests as part of a health fair hosted by UChicago Medicine.
Specialty Care, Primary Setting

Most neighborhood health clinics don’t have a pediatric neurologist—unless you’re at Access Community Health Network’s Grand Boulevard location.

Since 2008, Access Grand Boulevard has partnered with the University of Chicago Medicine to offer clinical specialties. UChicago Medicine physicians have regular clinic hours at Access Grand Boulevard, and UChicago Medicine subsidizes the care.

An added benefit: patients see the same specialist each time and develop a relationship with them.

Today, children can see a neurologist, cardiologist, gastroenterologist or endocrinologist, while adults can see an endocrinologist or an infectious disease specialist.

“Getting specialty care is a challenge across the country,” said Kimberly Hobson, executive director of strategic hospital affiliations and the South Side Healthcare Collaborative. “This lets patients get specialty care in the same place where they get primary care—in the community.”

HIV Testing, Linkage to Care

Rebecca Eavou remembers the 16-year-old who’d been diagnosed with HIV—and wasn’t receiving medical care.

“He had a lot of stuff going on at home that made it hard to fully engage in care,” said Eavou, LCSW, program manager for the Chicago Center for HIV Elimination, housed at UChicago Medicine.

“I was able to jump in and say that we have this study testing the effectiveness of a one-pill-a-day regimen for people under 17,” she added. The young man agreed to participate and got weekly medical care and regular medication.

The center offers clinical services and conducts research to help Chicagoans prevent HIV or get treatment. The Expanded HIV Testing and Linkage to Care (xTLC) program, which began in 2011, conducts research and links patients to clinical and support services.

xTLC is a partnership between 10 Chicago health care organizations. Two additional sites will be added this year.

“With all of our routine screening efforts, we’re doing a good job of identifying people who are HIV positive but may not be aware of it,” Eavou said. “We’re getting stories of people in their 70s who have been infected for years but never knew.”
Connections to Follow-up Care

Getting follow-up care is key to preventing future trips to a hospital or an emergency room.

That’s what the Medical Home and Specialty Care Connections (MHSCC) program does for patients at UChicago Medicine. The program is part of the South Side Healthcare Collaborative’s (SSHC), network of federally qualified health centers that provide care across Chicago’s South Side.

Through MHSCC, advocates work with patients in UChicago Medicine’s adult and pediatric emergency departments, general pediatric units, adult cardiology unit and general hospitalist unit.

“It’s really about education,” said Hobson. “The primary focus is educating patients about developing and maintaining a primary care home. Then the focus is on scheduling follow-up visits.”

MHSCC expanded its focus from scheduling primary care and follow-up visits within the SSHC to scheduling them at locations where the patient already has established care.

“If a patient is on Medicaid, we find out who their primary care physician is and schedule an appointment,” Hobson explained.

Patient advocates also answer insurance questions, like how to switch primary care providers.

“This is the direction health care is going,” Hobson said. “We have to be ready to connect patients to the next step.”
ASIAN HEALTH COALITION
The Diabetes Prevention Program for Asians in Chinatown addresses gaps in conventional approaches to diabetes health education and disease management for limited-English-speaking Asian immigrant populations.

NAMASTE SCHOOL
The Healthy Lifestyles Program combats childhood obesity in the school’s traditionally underserved student population by recognizing the highly detrimental effects of limited activity and poor eating habits on student academic performance and lifelong health.

HEALTH LEADS
Support for a corps of linguistically diverse, skilled and motivated college student advocates by connecting patients of Chicago Family Health Center’s South Chicago and Chicago Lawn locations with basic resources.

COMMUNITYHEALTH: ENGLEWOOD CLINIC
Support for overall operations at Englewood clinic including staff, supplies, medications, educational materials and more.

COMMUNITYHEALTH: TAKE ACTION!
A diabetes program including case management, education, measurement of clinical outcomes and provision of much-needed specialty services, such as dental, podiatry and ophthalmology.

PUBLIC ALLIES CHICAGO
Placement of an ally on the Metropolitan Chicago Breast Cancer Task Force to work on Screen to Live, a breast cancer outreach program with the goal of educating and providing free or low cost care to uninsured or publicly insured African-American women.

ST. BERNARD HOSPITAL AND HEALTH CARE CENTER
At the Pediatric Asthma Clinic, a patient advocate educates and assists patients and their caregivers in identifying and mitigating home and environmental asthma triggers in order to control their health and improve outcomes.

CHICAGO ASTHMA CONSORTIUM
A pilot comprehensive asthma program within a charter public school on the South Side of Chicago consisting of screening and referral, education and policy in order to create a model that can be applied in other Chicago schools.

CHICAGO RUN
A school-based physical activity program that works with teachers and administrators to instill the daily habit of running or walking for children of all fitness levels and physical abilities.

URBAN INITIATIVES
The Work to Play program combats pediatric obesity by increasing participants’ engagement in physical activity, improving eating habits and knowledge of health and nutrition topics, using soccer as a tool for learning and engaging parents.

NEW LIFE BAPTIST CHURCH
Outreach to 20 to 30 youth and adults to plant, maintain and harvest a community garden to demonstrate ways to integrate fresh vegetables into participants’ diets, as well as education about the importance of diet in preventing diabetes and obesity.

EXPERIMENTAL STATION
The LINK Up Illinois program seeks to increase the affordability and accessibility of nutritious foods sold at Illinois farmers markets for low-income Illinoisans, rebuilding linkages between local agricultural producers and consumers.

ACTS OF FAITH
The AOF Health Connection provides monthly programming at eight local churches including ongoing weekly education, linkages to providers and services at UChicago Medicine and assistance in developing ongoing programs at churches on specific health topics.

LOUIS’ GROCERIES NFP
Support for pilot program aimed at changing the food consumption behavior of adult type 2 diabetics in a food desert community, Greater Grand Crossing, whose current diets fail to meet recommended healthy eating guidelines.

MOBILE CARE FOUNDATION
The Roseland Community Initiative serves Roseland-area children through monthly asthma van visits to 13 school sites for annual asthma screenings.

RESPIRATORY HEALTH ASSOCIATION
Educating children with asthma and their adult caregivers about early recognition of symptoms, common asthma triggers, how to handle an asthma emergency, proper inhaler use and descriptions of various asthma medications.

CHICAGO URBAN LEAGUE
Two scholarships for college students in nursing and/or health sciences.
Path to Healthier Lifestyles

It's a crisp fall morning at Louis' Groceries in Chicago's Greater Grand Crossing neighborhood, and vegetarian chef Pamela Phoenix, ND, is busy coaching a participant in her weekly diabetes cooking class to effortlessly chop a zucchini. Minutes later, the savory aroma of chickpea cakes and fresh-from-the-oven zucchini muffins lure several shoppers over to the corner grocery store's community kitchen.

“What smells so good over here?” asks one customer.

For Phoenix, a long-time community advocate, natural health doctor and caterer, the class is an opportunity to meld her love for cooking with her passion for helping people transform their health.

“I truly love doing this work,” says Phoenix. “It’s wonderful seeing people so excited and open to thinking about food differently. Like many underserved communities, they’re grateful to have the opportunity to learn—to have someone take the time to teach them something about their health.” Phoenix is one of the chefs lending her time and talents to Louis’ Groceries’ Shopping for Change program. The University of Chicago Medicine-supported initiative for people with type 2 diabetes pairs discounts on diabetes-friendly foods with personalized, hands-on cooking classes. The program has become a key component of the nonprofit corner store’s mission to empower people to make healthier food choices.

Like many of the nation’s urban areas, Chicago’s South Side is battling an epidemic of obesity, and within that, an epidemic of diabetes. And like most complex problems, there are no simple solutions. Studies indicate “one-size-fits-all” approaches fall short of addressing the array of factors at play. With that in mind, UChicago Medicine is committed to backing community-based interventions with an emphasis on convenient locations, ongoing support and cultural relevance.

Another effort underway is Picture Good Health, a program created by UChicago Medicine Assistant Professor of Medicine Arshiya Baig, MD, MPH, to teach Mexican-Americans with diabetes to better manage the disease and make healthier decisions every day.

About 100 residents of Chicago’s South Lawndale and Little Village neighborhoods attended eight group sessions led by community leaders at area churches. Six months after the program ended, attendees said they were eating less high-fat food and exercising more.

“I found that churches are central to many immigrant communities,” said Baig. “I felt certain they would be a great place to offer diabetes education. They offer a lot of resources, education and programming in addition to religious services and teaching.”

*12 South Chicago zip codes defined in the University of Chicago Medicine 2013 Community Health Needs Assessment. **Diagnosed cases
Namaste Charter School: Healthy Lifestyles Program

In a time when many schools across the nation struggle to meet the minimum recommendations for physical activity, Namaste Charter School in the McKinley Park neighborhood on Chicago’s Southwest Side has set a new bar. From yoga-inspired movement breaks throughout each day to 60 minutes of physical education each day to an award-winning nutrition curriculum incorporating a community garden, Namaste has proven the power of its health and wellness culture as a conduit to academic success.

UChicago Medicine is pleased to lend its ongoing support to a key component of Namaste’s mission. Since [####], the medical center has funded one full-time physical education teacher. The research-based PE program has helped Namaste head off the obesity trend facing many of its students from disadvantaged communities. Now, founder and executive director Allison Slade hopes the school’s innovative holistic approach can reverse the trajectory.

“We’re grateful for the University of Chicago Medicine’s support,” said Slade. “In a time of budget cuts, these types of relationships have allowed us to continue a part of our core education program that has made Namaste a model for higher academic achievement across the city and beyond. Physical education provides an outlet for students to get energy out and get focused and ready for school. They also gain valuable knowledge about their bodies and confidence in their abilities that they will take with them throughout their school years.”

Chicago Run

For physical education teacher Kristin German, site coordinator for Chicago Run at Jackie Robinson Elementary, the program’s impact goes well beyond health and fitness. “The social and emotional benefits become more apparent each year,” said German. “Our students and staff encourage each other — they work together toward a goal. They seem to gain confidence in their abilities. These are benefits that will stick with them.”

Due to many aggressive efforts over the last decade, the nationwide childhood obesity rate is finally showing signs of leveling off. However, troubling disparities persist in communities of color. African American and Latino children are still significantly more likely to be overweight or obese than their peers of other races. Experts say ongoing challenges with access to affordable healthy food and safe places to be physically active are likely contributing factors.

The University of Chicago Medicine continues to invest in community- and school-based programs like Chicago Run that inspire kids to lead healthy, active lives. The nonprofit operates free programs for Chicago Public Schools students that involve running or walking daily along with promoting digital learning, academic performance and self-esteem. It’s not a surprise that the formula works. This organization and others like it are proving that the intersection of fitness and fun translates to healthier choices as kids grow.

Urban Initiatives: Work to Play

When it comes to youth activities that build physical fitness, coordination, confidence, character and teamwork, soccer tops the list. Thanks to Urban Initiatives’ Work to Play program, more kindergarten through fourth-graders across Chicago have a chance to discover the many benefits of the most popular sport among youngsters worldwide. In June 2014, UChicago Medicine lent its support to this unique opportunity to help kids develop healthy behaviors on and off the field.

1,000 kids from 35 Chicago Public Schools engage in weekly health- and character-building activities through the Work to Play program.

100% OF STUDENTS ENGAGE in 60 minutes of daily activity at Namaste Charter School.

African-American and Latino children are still significantly more likely to be overweight or obese than their peers of other races.

The University of Chicago Medicine continues to invest in community- and school-based programs that inspire kids to lead healthy, active lives.

4,500 MILES ACCUMULATED by Jackie Robinson Elementary’s Chicago Runners.

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Healthy Lifestyles Program

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17% of children in Chicago’s South Side communities have asthma, compared to 12% nationally.

Asthma is among the most common chronic childhood conditions. Recent studies show children living in underserved inner-city communities suffer disproportionately from asthma, with some of the highest rates documented among African-American children. Chicago is among the most severely affected urban areas, with an asthma hospitalization rate nearly twice the national average.

For several years, the University of Chicago Medicine has set its sights on building community partnerships to end pediatric asthma disparities by connecting more families to the clinical and social resources needed to overcome common obstacles.

A Fresh Start for Kids Impacted by Deformities

In June 2014, the University of Chicago Medicine Comer Children’s Hospital joined forces with the Fresh Start Caring For Kids Foundation to offer free reconstructive surgeries to kids impacted by congenital deformities, trauma or abuse. A team of more than 50 surgeons, nurses, anesthesiologists and other volunteers—led by Russell R. Reid, MD, PhD, associate professor of surgery and Bernard Sarnat Scholar of Craniofacial Research—donate their time and talents to give these children the gift of self-esteem, acceptance and improved quality of life.

During its first year as Fresh Start’s home base in Chicago, Comer Children’s conducted three surgery weekends serving 21 young patients and providing more than $415,500 in donated medical care. Fresh Start hopes to boost these numbers in the coming years, offering more Chicago-area children these life-changing procedures.

St. Bernard Hospital and Health Care Center
Pediatric Asthma Clinic
A new patient advocate has improved care coordination, education and assistance for children, families and caregivers. The program bolstered the ability to offer individualized support by identifying and preventing environmental triggers.

Chicago Asthma Consortium
Comprehensive School-Based Approach to Improve Asthma Outcomes
A South Side charter school has utilized a three-pronged approach: referral, education and policy. The goal is to create a model to help schools identify young asthmatics, educate them and support kids with the disease.

Mobile C.A.R.E. Foundation
Roseland Community Initiative
Specially equipped mobile medical clinics visit 13 locations in Roseland to provide free care and education to chronic asthma patients. Data is shared with Roseland-area hospitals and community health workers.

Respiratory Health Association
South Side Asthma Management Project
Fight Asthma Now provides engaging lessons and tools to teach kids about asthma symptoms, avoid common triggers and properly use inhalers and medication. The work helps kids manage asthma episodes and control the disease.
Job Creation
The University of Chicago Medicine remains committed to working with minority- and women-owned business enterprises (MBE/WBE) on its many high-level construction and development projects. Not only is this collective of business owners vital to achieving long-term goals of growth and sustainability, they provide job opportunities and significantly impact the local economies of communities served by UChicago Medicine.

The new garage, known as Parking B, is an example of one such collaboration. Forty-six minority-owned firms were contracted to work on the $85 million project to create more than 1,700 additional parking spaces on the UChicago Medicine campus. Nearly 700 construction workers were employed over the two-year project, 45 percent of whom were minority or female.

Job Training
Since 2012, 27 Chicago Public Schools students with various cognitive and physical disabilities have received job training at the University of Chicago Medicine through collaboration with the Southside Occupational Academy. Brandon Logan is one of eight graduates of the program to earn a part-time job in food services or environmental services at the medical center.

“I am so proud to have a job at the University of Chicago Medicine. I want to work hard and make my boss and my principal very proud of me.”
Brandon Logan
Southside Occupational Academy student
Medicaid Acute Care Days for Private Hospitals in Metro Chicago*

1. The University of Chicago Medicine: Medicaid Days 39,087, Percent of Total Days 27%
2. Rush University Medical Center: Medicaid Days 37,020, Percent of Total Days 21%
3. Advocate Christ Medical Center: Medicaid Days 36,487, Percent of Total Days 17%
4. Lurie Children’s Hospital: Medicaid Days 31,876, Percent of Total Days 48%
5. Northwestern Medicine: Medicaid Days 32,555, Percent of Total Days 12%
6. Loyola University Medical Center: Medicaid Days 14,304, Percent of Total Days 14%
7. Advocate Lutheran General Hospital: Medicaid Days 21,065, Percent of Total Days 14%
8. Mount Sinai Hospital: Medicaid Days 30,371, Percent of Total Days 40%
9. Sts. Mary and Elizabeth Medical Center: Medicaid Days 22,456, Percent of Total Days 19%
10. Advocate Illinois Masonic Medical Center: Medicaid Days 17,305, Percent of Total Days 23%

*Acute care days provided to patients where Illinois Medicaid is the primary insurer, excluding normal nursery, psychiatry and rehabilitation days

Source: Illinois Department of Healthcare & Family Services, Medicaid cost reports filed for the state fiscal year ending June 30, 2014